



# ALANA News

A Publication of the Alabama Association of Nurse Anesthetists

# Bulletin

## MEMBERS ELECT NEW BOARD OF DIRECTORS

During the Business Meeting of the ALANA Fall Meeting, the results of the election were announced and the new officers were installed. Leigh Ann Stevens, former Nominating Committee Chair announced the results. Leigh expressed her thanks to all those who volunteered to serve the ALANA Membership through service on the ALANA Board of Directors. Leigh also thanked the tellers who volunteered to tally the votes. Now is a great time to consider your own service to the ALANA by volunteering to serve on an ALANA Committee or run for office in next year's election. Contact any member of the Board to inquire about how you can help the ALANA meet its goals.

Volume 21, Number 4, 2003  
Jim Henderson, Editor

### In This Issue

*ALANA President's Report* 2

*Important Notices For Our Members* 3

*ALANA Executive Director's Report* 4

*New Addition To Samford's Faculty* 5

*UAB Student Representative Report* 6

*Samford Student Representative Report* 7

*Minutes of the ALANA* 8



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Michelle Snow  
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Christine Carr  
UAB Student



Chris Campanotta  
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# From the Office of the President

*Brent Ledford, CRNA*

I want to take this opportunity to thank all of the CRNA's that actually read this newsletter. You folks are probably the same ones that vote in our state election, attend our association-sponsored educational meetings, and perhaps even contribute to our PAC. You are responsible for placing me in this position, and I am grateful, for I find myself sharing this honor with one of the finest groups of nurse anesthetists I have ever been privileged to be associated with.

Although we have had only two meetings, we have already begun to put new ideas into play, as well as revisit and draw upon past experience to help us continue to serve you in the best manner we possibly can. One of my mantras is accountability, and I am looking at ways to increase accountability both from the members that serve the Board on our various committees and task forces, and from the Board itself back to our members. My goal is to protect the funds you have entrusted to us, and to do everything we can to protect and preserve your right to practice anesthesia in the manner of your choosing in Alabama.

I want to thank Ronnie Whorton and Bruce VonHagle for the great job they did as Program Directors for our Fall Meeting at the Wynfrey. They worked closely with Patti Case, our Program Committee Chairperson on the BOD, and together they not only ran an excellent meeting, but managed to get somewhere between 50 and 75 of our members recertified in ACLS. I believe that is truly a service to the CRNA's in Alabama. Resa Culpepper has been our most recent Program Director for the Spring Meeting, but unfortunately her obligations to our national organization as Chairperson for the AANA Foundation are going to preclude her involvement this year. Everyone has come to recognize the quality meeting that we host in Destin. Resa and Patti collaborated last year, and Resa has graciously mentored Patti in this role. This will be my fourth time to attend the Spring Meeting, so I speak from experience when I suggest that you register early and plan to stay late!

We have been following very closely over the last year the development of office surgery and anesthesia standards for Alabama. The Board of Medical Examiners (BOME) has issued the final document, and it went into effect November 21<sup>st</sup>. Initially this document contained wording that could have been interpreted to mean that an anesthesiologist had to be present in order to comply with the ASA guidelines that were referenced as appendices. It also required that the physician be immediately available and physically present to diagnose, prescribe, and treat any potential anesthetic complications that may occur. I want to commend Joe Knight for his diligence in monitoring, researching, and responding to each version of these proposed rules. The wording involving having a physician "prescribe" our anesthetic was removed, and reference was made that the "physically present" requirement was not designed to impose additional supervision requirements on a CRNA. We will be monitoring this as it is

implemented, and I ask that if you find this in any way interferes with your practice, please contact Joe or me.

Tracy Hall, Jim Henderson, and myself just returned from the AANA Government Relations Workshop. This was an intensive two-day course in how to most effectively run your state organizations government activities. We had the opportunity to network with members from neighboring states, and we took advantage of this time to discuss issues such as insurance reimbursement, office based anesthesia, AA's, and GRC organization. Tracy is our Government Relations Committee (GRC) Chair, and she will be working toward optimizing our resources and manpower with regards to legislative and regulatory activities that come our way.

I feel both blessed and proud to be a CRNA, and I love my work. Sure, there are plenty of days where I wake up and wish I could play golf or go to the lake, but I don't dread going to work, and in fact I derive an enormous amount of satisfaction from my ability to be there for my patients. Most CRNAs that I speak with feel the same way, so I want to take this opportunity to commend you for the attitude that you bring to your workplace each day. I look on this opportunity as President of the ALANA in the same manner, in that it is a service position. I make business cards available at all state meetings, my contact information is printed in each newsletter, and it is always available on our website. My position exists to serve you, and I want you to feel free to get in touch with me if you ever feel you have an issue with which I or the

BOD can be of assistance. Recently, one of our members brought forth ideas relating to how we can reward CRNAs who do an outstanding job as clinical instructors. The BOD appreciates this kind of input, and agreed to trial his proposal to offer discount vouchers for our state meetings to the directors of both of the anesthesia schools for them to distribute to clinical instructors who show a high level of motivation.

January 25-31 is National Nurse Anesthetists Week. While I believe that our exemplary work and our caring attitude toward our patients is in the long run our very best PR, I ask that you not let this week slip by without doing everything you can to increase awareness of our profession. The theme this year is "It's all about being there". The poster depicts a patient asking if their CRNA will be in the room with them the entire time they are under our care. Please take a moment to log on to [aana.com](http://aana.com) and request a National Nurse Anesthetist Week kit. If you have any questions, or want any ideas for ways to use this material, please contact our PR Chairperson Ken Langlely, or call or e-mail me.

In closing, I ask that you remember to pray for our nurse anesthetists that have been activated, and for the families they leave behind. I have the occasional bad day at work, but at least I know I will be going home at the end of the day. These folks represent the finest qualities of our profession, and I am proud of the service they do for us and for our troops.

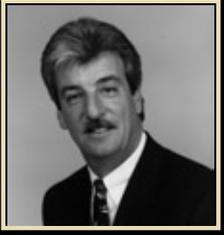
Brent Ledford, CRNA  
President ALANA

## Portion of AANA Dues Is not Tax-deductable

In addition to the portion of your AANA dues that is not tax-deductable due to the lobbying efforts of your national organization, it has been determined that \$22.86 of your AANA dues is not tax-deductable due to the lobbying efforts of your state association. Please add this amount to the amount that will be published in the AANA NewsBulletin to determine the total amount of your AANA dues that are not tax-deductable. Please contact your tax-preparation professional to ensure your compliance with state and federal tax codes.

## ALANA Announces Next BOD Meeting

The Board of Directors of ALANA have scheduled a meeting of the Board for February 6, 2004 at 9:00AM at the ALANA Office at 2015 First Avenue North, Suite 200, Birmingham, AL. All members are welcome to attend. If you have an item for the agenda, please contact Brent Ledford, ALANA President. Attending the meetings of the ALANA Board of Directors is a great way to get involved in your state association. This is your state association in action. Your input could make a big difference. Please make plans to attend.



# From the Office of the Executive Director

*Joe Knight, CRNA, JD*

In 2002, the Alabama Board of Medical Examiners (ABME) undertook the task of formulating Administrative Rules addressing office-based surgery in Alabama.

The ABME convened an *ad hoc* committee and a task force subcommittee for the purpose of drafting the rules. The subcommittee had to revise and republish the rules on three different occasions. The first draft was rejected by the dermatologists. The dentists and oral surgeons objected to the second revision. The third draft caused problems for some of the other surgeons, especially the plastic surgeons. A compromise was reached and the third revision was adopted.

Your ALANA formally objected in writing to different parts of the rules in all of the drafts, but as experience has taught us, the board of medical

examiners often do not give considerable weight to the opinions of “nurses.” Over the past ten months, your association has been hard at work communicating with those CRNAs who provide anesthesia in the office. Those office CRNAs did a masterful job communicating concerns to their surgeons, whose voices were heard by the ABME. While we are not in complete agreement with the final rules, this third revision represents a great improvement. Furthermore, it is at least interesting that the ABME published the following “Public Notice” along with their newly drafted Rules. With five of the six articles in this “preamble” specifically addressing CRNA issues, it would appear that the Board of Medical Examiners heard our voice after all.

## PUBLIC NOTICE

On October 15, 2003, the Alabama Board of Medical Examiners approved for final adoption, proposed rules, Chapter 540-X-10, Office-Based Surgery. These rules became effective on November 21, 2003. In compliance with Ala. Code §41-22-5, the Alabama Board of Medical Examiners (“the Board”) states the following:

**I. Accreditation:** Accreditation was not made a requirement in these rules because, in the Board’s opinion, there is a lack of data at the present time to show that accreditation significantly improves patient safety, and the Board is concerned that, at this time, accreditation may decrease patient access to services. In the Preamble, the Board has encouraged facility accreditation for higher levels of anesthesia.

**II. Presence of Physician in the Operating Suite:** Regarding the presence of the physician in the operating suite, the Board believes that, where the operating physician directs anesthesia, the requirement for the immediate and physical presence of the physician is for the safety of the patient in the event of a medical and/or anesthesia emergency. Surgery in an office setting differs from hospital-based surgery due to the lack of immediate access to emergency response resources and life support equipment. The immediate and physical presence of a physician during the entire procedure is designed to protect the health and safety of the patient and is not designed to impose additional supervision requirements on a Certified Registered Nurse Anesthetist (“CRNA”).

**III. Qualified Provider:** Concerning the terms, “qualified person(s)” and “qualified practitioner,” the Board has added a footnote to the rules to clarify the use of these terms. The Board does not intend that these rules define the qualifications of other professionals providing services in an outpatient surgical setting. The rules are intended to outline the responsibility of the operating physician as “captain of the ship” who must accept responsibility for assessing the qualifications of any of the assistants involved in the surgical procedure, including CRNAs, scrub nurses, technicians or non-physician surgical assistants. It is not the intent of these rules to impose additional requirements on

CRNAs to practice in an office-based surgery setting.

**IV. ACLS Requirement:** The requirement that at least one physician involved in the surgical procedure be ACLS trained is for the protection of the health of the patient in the event of a medical emergency. Because surgery performed in an office setting lacks immediate life support resources which would be available in a hospital, the Board believes that the presence of an ACLS trained physician is necessary for patient safety. The operating physician can meet the requirements of these rules by being ACLS trained and can utilize the services of a CRNA for anesthesia.

**V. Prescribing Anesthesia:** The Board made editorial changes which explain that the physician directing the anesthesia service must be licensed to practice medicine in Alabama and is responsible for the direction of the administration of the anesthetic. The reference to the prescribing of anesthesia was eliminated from the rules. The Board feels that these changes are responsive to the comments concerning the prescribing of anesthesia.

**VI. Incorporation of ASA Guidelines into Appendices:** Footnotes added for explanation make it clear that this appendix is for informational purposes only. The rules are intended to regulate the conduct of physicians and are not intended to regulate CRNAs. CRNAs are free to utilize the ASA guidelines when providing anesthesia services in an office-based setting, although those guidelines are not required by these rules.

On behalf of the ALANA, we thank those CRNAs and surgeons who helped make these rules more definitive and fairer to all concerned. All CRNAs who work in an office-based practice need to be familiar with these rules. Should any of these rules cause you any problems with your practice, do not hesitate to contact me or a member of your board of directors.

Joe Knight, JD, CRNA  
ALANA Executive Director



## Samford Announces Addition to Anesthesia School Faculty

*Terri Cahoon, CRNA, MS*

**D**r. Michael Fiedler, Program Director of the Samford University Department of Nurse Anesthesia is pleased to announce that Terri M. Cahoon, CRNA, MS has joined the anesthesia school faculty. Terri received a BS in nursing from Auburn University in 1984, a MS in nursing from the University of Central Arkansas in 1991, and a BS in nurse anesthesia from the University of Alabama at Birmingham in 1994. She received the Dean's Award in 1984 upon graduation from her undergraduate program. During graduate school she served as a graduate assistant and received a research grant from District 10 of the Arkansas Nurses Association to study the effect of lateral positioning on the SvO<sub>2</sub> of the coronary artery bypass graft patient in the immediate post-operative period.

Terri brings to Samford University's Department of Nurse Anesthesia a strong clinical background with two and a half years experience at Children's

Hospital of Alabama as an anesthetist and a clinical instructor. Prior to that, for more than six years in a private hospital, Terri provided anesthesia care to adult patients for procedures from neurosurgical to cardiovascular to gynecological to orthopedic to obstetric to plastic to diagnostic and therapeutic. Before her anesthesia career, Terri worked for almost ten years in cardiovascular intensive care units caring for both adult and pediatric surgical patients.

Terri and her husband, Joe, CEO of the MidSouth Division of the American Cancer Society, reside in the Birmingham area and have three daughters: Chandler, 7; Taylor, 5; and Merritt, 3. For relaxation, Terri enjoys running, photography, drawing, and spending time with her family.

The ALANA Board of Directors extends our congratulations and best wishes to Terri as she seeks to serve the profession in this new capacity.



# UAB Student Representative: Forging New Relationships

*Christine Carr, SRNA*

I am truly honored to be a student representative for the ALANA. As I grow in knowledge, experience, and professionalism, I want to give back and help both students as well as CRNAs in Alabama and elsewhere. I thank the AANA and the ALANA for helping me in my education and giving me the opportunity to serve.

Collectively, Chris and I are eager to use our positions to aid several committees this year. Though we attend two different programs, we share the same vision. We desire an ALANA more involved in the lives of students as well as students more involved with the ALANA. The synergism of a well-developed relationship between both groups will only help Nurse Anesthesia in Alabama.

Though I currently live in Memphis, TN, for my pediatric rotations, the reputation of Alabama CRNAs even follows me here. Fortunately, the reputation is excellent (as mentioned by several pediatric surgeons)! Alabama CRNAs are described as intelligent, very competent, highly skilled, and safe. Well, of course we knew these things all along; yet, it is nice to receive another pat on the back. I want these types of compliments to flourish far and wide. Additionally, I hope to hear these remarks on behalf of Nurse Anesthesia students. That is where the relationship between CRNA and student takes root.

I encourage all CRNAs that work with stu-

dents to renew their enthusiasm and commitment to high standards. Every question you ask, every concept you teach, every professional contact made influences the student. It takes very little time for the student to realize there are certain professionals that do not completely honor or understand the depth and wealth of knowledge possessed by a CRNA. In order to combat this, the CRNA must encourage the student to prepare, study, speak up, stand strong, and show a thirst for learning. Vigilance in student training should be just as important as vigilance in patient care.

I encourage all students to renew their original zeal for learning and make the most of their relationships with professional CRNAs. Seek a mentor, learn from as many as possible, and voice your expectations and goals. The more prepared and well read you present yourself to an academic or clinical situation; you improve the future of patient care and the reputation of Alabama CRNAs across the nation.

So, let us begin now. Let us seek ways to develop relationships. This letter is not only a call for both groups to support one another with high standards. This letter is also a call for ideas. Please contact Chris and me to share thoughts, suggestions, and even plans. I hope to see Alabama a beacon of not only excellent CRNAs but also excellent CRNA/student relationships. I hope to hear from you soon! God Bless,

Christine Chilton Carr, SRNA



ALANA 2003 STUDENT WELCOME RECEPTION



# Samford Student Representative: Humility and Solid Food

*Chris Campanotta, SRNA*

I wonder how many members remember, like yesterday, what their first term of Nursing Anesthesia education was like. Did you feel tall and proud your first day of class? Did you feel anxious over the amount of material that you were instantly responsible for knowing? How long did it take you to bond with your classmates? Did that change of mindset set new records for speed of a paradigm shift? How much was learned about yourself in that first term (and did you feel much shorter after realizing how much more there was to learn)?

What I have learned so far in my very limited time is that I cannot and should not do it alone. Some days I feel not near as smart and successful as I felt before. What relaxes me is knowing there are many that have gone before me that I can look to for wisdom. By just opening up to classmates, professors, and mentors that helped me reach the decision to be here, I am amazed at how easily school and my perspective can be brought to focus by humbly asking for help in coping with this life change. With the support of those around me and before me, the membership of ALANA and AANA, I can accept these struggles as paying my dues of learning Nurse Anesthesia and growing in life in general. Bring on the solid food because with your wisdom, calm and strength we gain momentum and excitement for our futures both individually and collectively.

The Samford class would like to say "Thank

you" to each and every CRNA that helped us on our path to get to this first term. Yes, many of us are quite knowledgeable about what we did before now, but our eyes have been opened to an entirely different experience than we have known. We are humbled by your inclusion of us as students as colleagues. We are excited about the growth we are experiencing and also about things yet to come. We are excited about what you have to teach us that we may not always receive from a textbook. We are excited to be part of the Birmingham Nurse Anesthesia student community as well as the greater Birmingham area ALANA membership and the rest of this state we call home. We are excited to be a part of the national organization that is built on the collective strengths of each state organization, which in turn represents each and every one of you and your practice. We look forward to the future. Even if our paths do not cross, we are only as strong as we empower each other to be. The great thing is that we are a large team from all walks and stages of life striving toward a common vision, to be "RECOGNIZED LEADERS IN ANESTHESIA EXCELLENCE."

Bring on the solid food!

Chris Campanotta, SRNA



**Alabama Association of Nurse Anesthetists  
Minutes of Regular Board Meeting  
May 1, 2003**

Call to Order:

**President Elect Brent Ledford called the meeting to order at 10:28 a.m.**

Roll Call:

Members Present:

Jay Strickland, Frank Saliba, Joe Williams, Patti Case, Tracy Hall, Jim Henderson, Brent Ledford, David Neal, Joe Knight, Leigh Stevens, & Ann McInnally

Members Absent:

David Osborne, Ken Langley, & Ron Clark

Approval of Minutes:

A **motion** was made by Brent Ledford to dispense with the reading of the minutes of the February 8, 2003 board meeting. (The minutes had been sent to all board members prior to the meeting). The motion was seconded and passed by unanimous vote. Jim Henderson made a **motion** to accept all minutes as printed. The motion was seconded and the motion was passed unanimously.

Standing Committee Reports:

**Bylaws:** No Report.

**Chemical Dependency:** No Report.

**Finance:** Joe Williams submitted to each board member in attendance a current financial report. Jim Henderson made a **motion** to transfer all of the ALANA bank accounts to one bank. The motion was seconded and passed by unanimous vote.

**Continuing Education:** Jim Henderson reported on the Montgomery Regional Meeting sponsored by Roche. Jim Henderson reported that he is organizing more Regional Meetings to be held around the State in the future.

**Government Relations:** Tracy Hall discussed GRC plans to put together a legislative packet to provide our state legislators. Our members would distribute these packets when we have a legislative day in Montgomery. Tracy Hall informed the board how the GRC is following the Rules and Regulations proposed by the Medical Board for office-based anesthesia and surgery.

**Nominating Committee:** Leigh Stevens presented the ballot for next year. The ballot is:

President Elect: Jim Henderson

Vice President/Secretary: Frank Saliba & Steve Cannon

Board of Directors: North Region: Leigh Stevens & Jeff Case

Central Region: Tom Mallory & David Osborne

South Region: Shannon Scaturro & Chris Orrel

Nominating Committee Chairperson: Jennifer Wilbourn, Michele Snow, & Paul Harvey.

Jay Strickland made a **motion** to accept the ballot as submitted. The motion was seconded and passed unanimously.

**PAC:** Jim Henderson discussed having regional meetings at various locations around the state. Joe Knight discussed how the PAC was raising money and how the decisions are made to disperse the money.

**Program:** Patti Case informed the board the date for the fall meeting will be October 17-19, 2003 at the Wynfrey Hotel in Birmingham. The spring meeting will be April 30-May 2, 2004 at the Sandestin Hilton Hotel in Sandestin, Florida.

**Public Relations/Publications:** Ken Langley informed the board that the ALANA public service announcement is currently running on Alabama Public Radio.

**Scholarship:** No Report.

**Welcoming:** David Neal discussed plans to have a welcoming reception for the new UAB and Samford students.

AD HOC COMMITTEES

**BC/BS:** Brent Ledford discussed previous meetings with Blue Cross and his plans to have another meeting

with them.

**Office-Based Anesthesia:** Joe Knight informed the Board the committee on office-based surgery has submitted their proposed rules and regulations to the Board of Medical Examiners. Significant changes have been made to the proposed Rules and Regulations. The changes will have to be published and comments will be received. Another Public Hearing may have to be held. The ALANA has submitted to the Medical Board our comments on the Proposed Rules and Regulations and the Proposed changes. Our comments may be viewed at the ALANA Web Site.

**Executive Director's Report:** No Report.

**Student Representative:** Ann McInnally reported to the board regarding her attendance at the Spring Assembly.

**New Business**

**Upcoming Board Meeting:** The next scheduled meeting of the ALANA Board will be in Birmingham at Joe Knight's Office at 9:00 a.m. on either August 16<sup>th</sup> or August 23<sup>rd</sup>.

**Adjournment:** President Elect Ledford entertained a motion to adjourn. A motion was made by Patti Case to adjourn the meeting. The motion was seconded and passed unanimously. The meeting was adjourned at 1:05 P.M.

**Alabama Association of Nurse Anesthetists  
Minutes of Spring Business Meeting  
May 3, 2003**

Call to Order: **President Elect Brent Ledford called the meeting to order at 1:32 p.m.**

**Appointment of Parliamentarians And Tellers:** Jay Strickland and Jim Henderson were appointed as tellers. John Morris was established as the Parliamentarian.

**Quorum:** The tellers established the presence of a quorum.

**Welcome:** President elect Brent Ledford welcomed those members that were present. After welcoming the members Brent Ledford introduced each board member individually and stated their current position.

**Financial Report:** Joe Williams reviewed the financial status of the association. Revenues, expenses, and investment performance was reviewed. Questions were invited and any member who desired to more closely examine the financial records was encouraged to do so.

**Executive Director's Report:** Joe Knight discussed that changes had been made to the Board of Medicine's proposed Rules and Regulations for office based surgery. Comments will have to be taken regarding the changes and another Public Hearing may be held. The ALANA has made comments to the proposed Rules and Regulations and changes and these comments may be viewed at the ALANA web site.

Standing Committee Reports:

**Bylaws:** No Report.

**Chemical Dependency:** Brent Ledford reported a manual that discusses chemical dependency and treatment alternatives had been sent to each hospital in the state.

**Continuing Education:** Brent Ledford reported on the Montgomery Regional Meeting sponsored by Roche. Brent Ledford informed the association Jim Henderson is organizing more Regional Meetings to be held around the State in the future.

**Government Relations:** Brent Ledford discussed the legislative packet the GRC has produced to provide our state legislators. Brent Ledford encouraged the membership to review the packet and that it was currently available at the registration desk and the PAC table. Our members will distribute these packets when we have a legislative day in Montgomery. Brent Ledford discussed how the GRC is following the Rules and Regulations proposed by the Medical Board for office-based anesthesia and surgery.

**Nominating Committee:** Leigh Stevens presented the

ballot for next year. The ballot is: President Elect: Jim Henderson & Steve Cannon; Vice President/Secretary: Frank Saliba & Phil Kendrick; Board of Directors: North Region: Leigh Stevens & Jeff Case; Central Region: Eddie Murphree & David Osborne; South Region: Shannon Scaturro, Chris Orrel, & Tom Mallory; Nominating Committee Chairperson: Jennifer Wilbourn, Michele Snow, & Paul Harvey. Brent Ledford entertained nominations from the floor. John Morris made a **motion** that the nominations be closed. Jim Henderson seconded the motion. The motion was opened to discussion and was passed by unanimous vote.

**PAC:** Brent Ledford discussed having regional meetings at various locations around the state.

**Program:** Brent Ledford reported the date for the fall meeting will be October 17-19, 2003 at the Wynfrey Hotel in Birmingham. The spring meeting will be April 30-May 2, 2004 at the Sandestin Hilton Hotel in Sandestin, Florida.

**Public Relations/Publications:** Brent Ledford reported that the ALANA public service announcement is currently running on Alabama Public Radio.

**Scholarship:** Brent Ledford reported that the board had voted to send \$5000.00 from profits from the next two State Educational Meetings to the AANA Scholarship Fund to help provide a scholarship for a CRNA student in Alabama.

**Welcoming:** Brent Ledford discussed plans to have a welcoming reception for the new UAB and Samford students.

#### **President's Report**

President Elect Brent Ledford reported to the members that he had a good discussion prior to the business meeting regarding how to increase membership in the association. One suggestion was to remind people that the majority of the state association yearly operating expenses come from dues that are paid to the national association and then sent back to the state association. Unfinished Business

**BC/BS:** Brent Ledford discussed previous meetings with Blue Cross and his plans to have another meeting with them.

**Office-Based Anesthesia:** Brent Ledford referred the members to what Joe Knight had reported in his Executive Director's report regarding Office based surgery.

**Adjournment:** President Elect Ledford entertained a motion to adjourn. A motion was made by Jim Henderson to adjourn the meeting. The motion was seconded and passed unanimously. The meeting was adjourned at 1:46.

Addendum: When the ballot was presented, Tom Mallory was listed as running for the BOD in the central region by mistake. Tom Mallory actually is running in the South Region. The Board met and voted to correct the error.

### **Alabama Association of Nurse Anesthetists Minutes of Regular Board Meeting**

August 23, 2003

Call to Order: **President Jay Strickland called the meeting to order at 9:08 a.m.**

#### **Roll Call:**

Members Present: Jay Strickland, Frank Saliba, Joe Williams, Patti Case, David Osborne, Jim Henderson, Brent Ledford, David Neal, Joe Knight, & Ken Langley.

Members Absent: Leigh Stevens, Ann McInally, Ron Clark, & Tracy Hall.

**Approval of Minutes:** A **motion** was made by Patti Case to dispense with the reading of the minutes of the May 1, 2003 board meeting. (The minutes had been sent to all board members prior to the meeting). The motion was seconded and passed by unanimous vote. Jim Henderson

made a **motion** to accept all minutes of the May board meeting as printed. The motion was seconded and the motion was passed unanimously. A **motion** was made by Brent Ledford to dispense with the reading of the minutes of the spring business meeting of the Alabama Association of Nurse Anesthetists.

(The minutes had been sent to all board members prior to the meeting.) The motion was seconded and passed by unanimous vote. Brent Ledford made a **motion** to accept all minutes of the spring business meeting as printed. The motion was seconded and passed by unanimous vote.

#### Standing Committee Reports:

**Bylaws:** No Report.

**Chemical Dependency:** No Report.

**Finance:** Joe Williams submitted to each board member in attendance a current financial report. Joe Williams informed the board all of the association's bank accounts are being transferred to Southtrust Bank.

**Continuing Education:** No report.

**Government Relations:** Brent Ledford distributed to each board member in attendance a legislative packet that has been prepared for delivery to each state legislator.

**Nominating Committee:** Jay Strickland presented the ballot for next year. The ballot is: President Elect: Jim Henderson & Steve Cannon; Vice President/Secretary: Frank Saliba & Phil Kendrick; Board of Directors: North Region: Leigh Stevens & Jeff Case; Central Region: Eddie Murphree & David Osborne; South Region: Shannon Scaturro, Chris Orrel, & Tom Mallory. Nominating Committee Chairperson: Jennifer Wilbourn, Michele Snow, & Paul Harvey. Jay Strickland made a **motion** to accept the ballot as submitted. The motion was seconded and passed unanimously.

**PAC:** Jim Henderson and Joe Knight discussed various ideas they were considering to raise money for the PAC and how important it was to continue to raise money to be prepared for the next election.

**Program:** Patti Case informed the board the date for the fall meeting will be October 17-19, 2003 at the Wynfrey Hotel in Birmingham. An ACLS Refresher Course will be taught on Friday night at the Wynfrey hotel as part of the meeting for those who are registered. The spring meeting will be April 30-May 2, 2004 at the Sandestin Hilton Hotel in Sandestin, Florida. Patti Case discussed revenues and expenses from the recent spring meeting in Sandestin, Florida. Patti Case made a **motion** to approve the contract with the Sandestin Hilton for the spring meeting to be held April 29- May 1, 2005. The motion was seconded and passed by unanimous vote.

**Public Relations/Publications:** Ken Langley informed the board that the ALANA public service announcement is currently running on Alabama Public Radio. Ken Langley discussed producing and running a cinematography public relations announcement to be shown in Alabama theatres in December.

**Scholarship:** No Report.

**Welcoming:** David Neal informed the board the welcoming reception for the new UAB and Samford students will be held at the B and A Warehouse on September 8. The Char House Restaurant will cater this event. David Neal encouraged all board members to attend.

#### **AD HOC COMMITTEES**

**BC/BS:** Brent Ledford discussed previous meetings with Blue Cross and his plans to have another meeting with them.

**Executive Director's Report:** Joe Knight informed the Board the committee on office-based surgery has submitted their 3<sup>rd</sup> set of proposed rules and regulations to the Board of Medical Examiners. Significant changes have been made to the 2<sup>nd</sup> set of proposed Rules and Regulations. The changes will have to be published and comments will be received. Joe stated that he does not think another public hearing will be held. The board

discussed whether to submit to the Medical Board our comments on the Proposed Rules and Regulations and the Proposed changes. Joe Knight informed the board that Frank Purcell is the new AANA Federal Director of Political Affairs and Larry Hornsby is the new Federal PAC Chairman.

**Student Representative Report:** No report.  
Unfinished Business

**Video Projector:** The board discussed purchasing a video projector to use at state meetings in order to not have to pay the hotels to use their video projector. The board charged Patti Case with determining whether the hotels would allow us to use our own video projector.

**AANA Membership in Alabama:** The board discussed different methods to encourage CRNAs in Alabama who are not AANA members join our national association.

**New Business**

ALANA Scholarship Recipient: **Two UAB students have received scholarships from the AANA.**

Updated software for the ALANA News Bulletin: Jim Henderson informed the board regarding the need for updated software to publish the ALANA NewsBulletin. Frank Saliba made a **motion** for Jim Henderson to purchase new software to publish the ALANA NewsBulletin at a cost not to exceed \$500.00. The motion was seconded and passed unanimously.

ACLS Refresher Course: Jim Henderson made a **motion** to invite all anesthesia providers in Alabama to attend the ALANA sponsored ACLS Refresher Course to be held Friday, October 17 at the Wynfrey Hotel in Birmingham at no charge. The motion was seconded and passed unanimously.

**Upcoming Board Meeting:** The next meeting of the ALANA Board is tentatively scheduled in Birmingham at the Wynfrey Hotel at 4:00 p.m. on Friday October 17, 2003.

**Adjournment:** President Elect Ledford entertained a motion to adjourn. A **motion** was made by Brent Ledford to adjourn the meeting. The motion was seconded and passed unanimously. The meeting was adjourned at 12:29 P.M.

**Alabama Association of Nurse Anesthetists  
Minutes of Regular Board Meeting  
October 17, 2003**

Call to Order: **President Jay Strickland called the meeting to order at 4:10 p.m.**

**Roll Call:**

Members Present: Jay Strickland, Brent Ledford, Frank Saliba, Tracy Hall, Patti Case, David Osborne, Jim Henderson, David Neal, & Ann McInally.

Members Absent: Leigh Stevens, Joe Williams, Ron Clark, Joe Knight, & Ken Langley.

**Approval of Minutes:** A **motion** was made by Patti Case to dispense with the reading of the minutes of the August 23, 2003 board meeting. (The minutes had been sent to all board members prior to the meeting). The motion was seconded and passed by unanimous vote. Jim Henderson made a **motion** to accept all minutes of the August board meeting as printed. The motion was seconded and the motion was passed unanimously.

Standing Committee Reports:

**Bylaws:** No Report.

**Chemical Dependency:** No Report.

**Finance:** No Report

**Continuing Education:** No report.

**Government Relations:** No Report.

**Nominating Committee:** Jay Strickland presented the results of this year's ALANA election: President Elect: Jim Henderson, Vice President/Secretary: Frank Saliba, Board of Directors: North Region: Leigh Stevens, Cen-

tral Region: David Osborne, South Region: Tom Mallory, Nominating Committee Chairperson: Michele Snow

**PAC:** Jim Henderson discussed various ideas he and Joe Knight were considering to raise money for the PAC and how important it was to continue to raise money to be prepared for the next legislative election.

**Program:** Patti Case informed the board of the status for the fall meeting beginning today October 17 continuing through October 19, 2003 at the Wynfrey Hotel in Birmingham. An ACLS Refresher Course will be taught on Friday night at the Wynfrey hotel as part of the meeting for those who are registered. The spring meeting will be April 30-May 2, 2004 at the Sandestin Hilton Hotel in Sandestin, Florida. Patti Case discussed revenues and expenses from the recent spring meeting in Sandestin, Florida. Bruce Von Hagel reported to the board his purchase of a laptop computer for \$1500.00 for the program committee to use for state meetings.

**Public Relations/Publications:** Jay Strickland informed the board that the ALANA public service announcement is currently running on Alabama Public Radio. Jay Strickland informed the board Ken Langley had a proposal from Cinema Advertising for running a cinematography public relations announcement to be shown in Alabama Carnike Theaters prior to each movie in December.

**Scholarship:** No Report.

**Welcoming:** David Neal informed the board the welcoming reception for the new UAB and Samford students was held at the B and A Warehouse on September 8. The Char House Restaurant catered the event. David Neal informed the board approximately 150 people attended.  
AD HOC COMMITTEES

**BC/BS:** Jay Strickland discussed previous meetings with Blue Cross and his plans to have another meeting with them.

**Executive Director's Report:** Jay Strickland informed the Board the committee on office-based surgery should publish the new rules and regulations for office based surgery during the week of October 20.

**Student Representative:** Ann McInally thanked the board for allowing her as the student representative to the board to participate in the business of the ALANA.  
New Business

**Samford University Department of Nurse Anesthesia Report and Proposal to the Board:** Dr. Michael Fiedler presented a report to the board regarding the Samford Nurse Anesthesia School. Dr. Fiedler offered several proposals to the board for ways to increase cooperation between the school and the ALANA.

**AA's in the VA and Tricare Health Care Systems:** Jay Strickland discussed the e-alert the members received from the AANA regarding writing our elected representatives to oppose allowing AA's to provide anesthesia in the VA and Tricare Health Care Systems.

**Adjournment:** President Jay Strickland entertained a motion to adjourn. A **motion** was made by Brent Ledford to adjourn the meeting. The motion was seconded and passed unanimously. The meeting was adjourned at 5:55 P.M.

**Alabama Association of Nurse Anesthetists  
Minutes of Fall Business Meeting  
October 18, 2003**

Call to Order: **President Jay Strickland called the meeting to order at 12:08 p.m.**

**Appointment of Parliamentarians And Tellers:** Eddie Murphree and Larry Ruff were appointed as tellers. Frank Saliba was established as the Parliamentarian.

**Quorum:** The tellers established the presence of a quorum.

**Welcome:** President Jay Strickland welcomed those members who were present.

**Financial Report:** Joe Williams reviewed the financial status of the association. Revenues, expenses, and investment performance was reviewed. Questions were invited and any member who desired to more closely examine the financial records was encouraged to do so.

**Executive Director's Report:** Joe Knight discussed the Board of Medical Examiners Rules and Regulations for office based surgery. Joe Knight explained what the PAC was doing to raise money and how important it is to be ready for the next legislative election cycle. Joe discussed the current situation with Blue Cross and how the ALANA was continuing to work at obtaining direct reimbursement for CRNAs.

Standing Committee Reports:

**Bylaws:** No Report.

**Chemical Dependency:** No Report

**Continuing Education:** No Report

**Government Relations:** No Report

**Nominating Committee:** Leigh Stevens reported the results of the ALANA election for this year: President Elect: Jim Henderson, Vice President/Secretary: Frank Saliba, Board of Directors: North Region: Leigh Stevens, Central Region: David Osborne, South Region: Tom Mallory, Nominating Committee Chairperson: Michele Snow  
A **motion** was made to destroy the ballots. The **motion** was seconded and passed unanimously.

**PAC:** No report.

**Program:** Patti Case thanked the members of the Program Committee and also thanked Bruce Von Hagel and Ronnie Whorton for their work for the fall meeting in Birmingham. The spring meeting will be April 30-May 2, 2004 at the Sandestin Hilton Hotel in Sandestin, Florida.

**Public Relations/Publications:** Ken Langley informed the members that the ALANA public service announcement is currently running on Alabama Public Radio. Ken Langley also informed the members that National Nurse Anesthesia Week is in January and members can download from the AANA website information regarding this week.

**Scholarship:** No report.

**Welcoming:** David Neal reported to the members that the welcoming reception for the new UAB and Samford students was held at the B and A Warehouse in Birmingham on September 8, 2003 and approximately 150 people attended the reception.

**Passing of the Gavel:** President Strickland passed the gavel to incoming President Ledford. Ledford recognized the service of past President Jay Strickland during the recent year and presented him with a President's pin and a plaque on behalf of the ALANA Board and members.

**Recognition and Thanks:** President Ledford thanked the members of the Board and past President Strickland for their service during the past year.

**President's Report:** President Ledford discussed the E-Alert from the AANA regarding AA's potentially being used to deliver anesthesia services for the VA and Tricare. He encouraged the members to sign the letters opposing the use of AA's that had already been prepared that would be in the hall outside of the meeting room to send to each members' Senators and Representative. Jay Strickland also discussed the current situation with Blue Cross. The Blue Cross adhoc committee is following the plan that was agreed upon by the committee last year.

**Adjournment:** President Brent Ledford entertained a motion to adjourn. A **motion** was made by Jim Henderson to adjourn the meeting. The **motion** was seconded and passed unanimously. The meeting was adjourned at 1:54p.m.

## Alabama Association of Nurse Anesthetists Minutes of Regular Board Meeting

October 19, 2003

Call to Order: **President Brent Ledford called the meeting to order at 1:30 p.m.**

**Roll Call:**

Members Present: Brent Ledford, Jim Henderson, Joe Knight, Frank Saliba, Joe Williams, Patti Case, Tom Mallory, Tracy Hall, Ken Langley, David Neal, David Osborne, Leigh Stevens, Michelle Snow, Chris Campanotta, & Christine Carr. All Board members were present.

**Introductions:** Each committee Chairman introduced themselves and gave a brief description of the functions of their particular committee.

Standing Committee Assignments:

**Bylaws:** David Neal, Chairman and David Osborne.

**Chemical Dependency:** Tom Mallory, Chairman and Frank Saliba.

**Finance:** Joe Williams, Chairman, Jim Henderson and Patti Case.

**Continuing Education:** Leigh Stevens, Chairman, Chris Campanotta, and Christine Carr.

**PAC:** Leigh Stevens, Chairman, Chris Campanotta, Jim Henderson and Christine Carr.

**Government Relations:** Tracy Hall, Chairman, Tom Mallory, David Osborne and Christine Carr.

**Nominating Committee:** Michelle Snow, Chairman, Leigh Stevens and Jim Henderson.

**Program:** Patti Case, Chairman. Leigh Stevens, Ken Langley, Tom Mallory and Tracy Hall.

**Public Relations/Publications:** Ken Langley, Chairman. Jim Henderson and David Neal. Ken Langley reminded all Board Members National Nurse Anesthesia Week is in January.

**Scholarship:** Frank Saliba, Chairman and Joe Williams.

**Welcoming:** David Neal, Chairman. Michelle Snow, Chris Campanotta, Christine Carr, Tracy Hall and David Osborne.

**Executive Director's Report:** Joe Knight discussed the new rules and regulations for office-based surgery implemented by the Alabama Board of Medical Examiners. Joe Knight also discussed fund raising for the PAC and how important it was for us to continue raising money to be prepared for the next legislative election cycle.

**Unfinished Business:** A **motion** was made by Brent Ledford to enter into executive session. The **motion** was seconded and passed unanimously. The board went into executive session at 2:15 p.m. A **motion** was made by Brent Ledford to leave executive session. The **motion** was seconded and passed unanimously. The Board exited executive session at 2:50 p.m.

A **motion** was made by Jim Henderson for Joe Knight to research and implement a charter for the Alabama CRNA pact. The **motion** was seconded and passed unanimously.

**Upcoming Board Meeting:** The next scheduled meeting of the ALANA Board will be Saturday, November 15, 2003 at 9:00a.m. at Joe Knight's office in Birmingham.

**Adjournment:** President Ledford entertained a **motion** to adjourn. A **motion** was made by David Osborne to adjourn the meeting. The **motion** was seconded and passed unanimously. The meeting was adjourned at 3:15 p.m.

# ALANA Spring Meeting Sandestin Hilton

APRIL 30 - MAY 2, 2004

Alabama Association of Nurse Anesthetists, Inc.  
2015 First Avenue, North  
Suite 200  
Birmingham, Alabama 35255

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